



## **'What About Me?'** What might attachment support look like during a school day? Presented by Anne Henderson

Children who have experienced significant, relational traumas and losses in their early years often find that they are at risk of being misunderstood and at worst excluded by the places that could offer them opportunities for second chance learning.

This second day of training is for school staff, social workers, adoptive parents and foster parents who have already attended the day one 'Inside I'm Hurting' course. Throughout the day participants will have the opportunity to reflect upon how to extend attachment awareness in everyday practices within school.

## Themes covered during the day include:

- Revision of the principles behind the need for Attachment Support in schools
- The Attachment Support Pyramid for Schools
- Attachment Leads
- The Developmental Trauma Tree
- The Big Ask
- Facilitating the optimal classroom environment
- Arrival meet and greet
- Settling to learn
- Getting organised
- Holding onto success
- Supporting clear thinking
- Transitions the expected and the unexpected
- Perseverance
- Staff Care

## About the Trainer

**Anne Henderson** is both a lead teacher and an adoptive parent. She has extensive experience within the education sector, as a class teacher, Assistant Head and now as a Specialist Teacher, working with schools, small groups, classes, and specialist units providing assessments, consultations, support and training for all those involved with pupils from reception right through to Year 11. Anne has been involved in facilitating support groups for teachers who are interested in becoming more inclusive for vulnerable pupils, giving them an attachment framework in which to understand behaviour. During her career Anne has worked alongside Educational Psychologists on the Attachment Project in Surrey providing support to adopters, parents and pupils. Working closely alongside **Louise Michelle Bomber** she is very aware of behaviour being communication and strongly encourages staff to be reflective before using any interventions.

Due to her personal and professional experience Anne is well placed to advocate on behalf of vulnerable pupils who have experienced significant relational traumas and losses. Armed with a wealth of strategies and tools to narrow the gap, Anne presents clearly and well. Anne continues to work in schools and is therefore able to contribute current, real life cases, thinking and solutions to those concerned about education, integrating the latest research into trauma and interpersonal neurobiology.

Friday 9 December 2016 9.30am – 3.30pm Moulsoe Business Centre, Moulsoe, Milton Keynes MK16 0FJ £140.00 + VAT Lunch and refreshments are included

For further information or to book please contact Alice Hollingdale on 01908 218251 or email: <u>alice.hollingdale@adoptionplus.co.uk</u> or visit <u>www.adoptionplus.co.uk</u>

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