



LOUISE MICHELLE BOMBER

Strategic Attachment Lead Teacher, Therapist and Author

## “Attachment Lead in Schools training”

Accredited by



University of Brighton

**Understanding how to support adopted, fostered and troubled pupils to settle and learn**

### TRAINING DATES

Day 1 – 27/4/18

Day 2 – 11/5/18

Day 3 – 15/6/18

Day 4 – 14/9/18

Day 5 – 5/10/18

Day 6 – 16/11/18

Day 7 – 25/1/19

**Fee £1250**

*Includes Lunch and Refreshments throughout*

Venue: The Three Swans Hotel, 21 High Street, Market Harborough, Leicestershire, LE16 7NJ \*FREE Onsite parking available (limited spaces)

Time: 9.30am-3.30pm

This 7-day modular training course has been developed to enable school staff themselves to become Attachment Leads in their schools and local authorities. The course is for those determined to provide alternative practices to enable all pupils to be fully included in school making the most of all the educative opportunities on offer. The course is rooted in attachment awareness and trauma informed practices. By attending to the attachment systems of individual pupils, these pupils can settle to learn. This course will be based on the latest findings around interventions to support those affected by developmental trauma, loss and insecurity of attachment. The course will complement the book '*Settling troubled pupils to learn: Why relationships matter in school*' co-authored by Louise Michelle Bomber and Dan Hughes. The course will enable staff to identify and assess the need for alternative, additional support in school and to set up integrative support plans for individual pupils over 2-3 years.

## Entry requirements

- ❖ Ideally two members of staff chosen from the same school *if possible* - a senior manager/leader and member of support staff
- ❖ A commitment of 7 days' release from usual school duties to attend between 9.30am and 3.30pm over the duration of a year
- ❖ Completion of an application form for registration with the university
- ❖ A live case from each school to be reflected upon throughout the duration of the course
- ❖ A commitment to undertake background reading and to carry out follow up work in between sessions that includes assessed course work
- ❖ A commitment to deliver a twilight taste to their own staff after completion of the course
- ❖ Participation in a support network with other course members once the training course is completed

With full attendance and successful completion of course work students are awarded higher education credit by the University of Brighton.

## University Benefits:

- Full access (including online) to all the University's library facilities
- For **undergraduates - 20 credits** at either Level 4 (level of study of first year of honours degree) or Level 6 (level of study of final year of honours degree)
- For **postgraduates - 20 credits** at Level 6 may be transferred to a postgraduate certificate or Masters.
- A University of Brighton card and eligibility for an NUS card too.

## Course Content and Structure

**Day 1: Identification of those needing attachment support programs:** The impact of developmental trauma and loss, the developmental trauma tree, insecure attachment, intersubjectivity, the brain and vagal tone, developmental vulnerability, behavior as communication, the attachment support pyramid for schools, preventative work, adaption & recovery

**Day 2: Assessments of those needing attachment support programs:** Reflective practice, Fact files, observations, checklists, different attachment styles, emotional & social age, the developmental trauma framework for assessment, working together with home and outside agencies, reflecting upon the current systems in place in school, honoring difference and diversity

**Day 3: Formulation of attachment support programs:** Creating an individual development plan, facilitating a secure base, setting up protected space and time, sensory breaks, differentiating emotional & social tasks & expectations, the allocation of an appropriate key adult, identifying the team around the child, secondary stress management and support, engaging in preventative work

**Day 4: The power of relationship and the development of permanency and constancy** plus work discussion group: Relational interventions using PACE, practicing relative dependency, reflective function, emotional regulation, holding a pupil in mind, intro to Theraplay, complimentary intention, holding onto success, co-modelling, co-regulation, commentaries, wondering aloud, advocacy

**Day 5: Transitions and Home/School Partnership** plus work discussion group: Meet and greet, preparation, overwhelm, disappointment rituals, holding on, memory cards, being sensory detectives, tight team work, constancy, creating pauses, memory building

**Day 6: Lowering the effects of toxic shame** plus work discussion group: The difference between guilt and shame, the build-up of shame, the presentation of toxic shame, enabling clear thinking, use of parts language, safe spaces, exit plans, the mismatch of motives and intentions, reclaiming and rethinking discipline, connection before correction

**Day 7: Evaluation and support day:** Course participants are encouraged to use this day to refine their knowledge and understanding, consolidating their learning into action within their individual school contexts. Preparation for their taster twilight session. Gathering and creating resources. Whole school policies will be considered. Looking to the future..... Keeping the momentum going!

**To Secure your place please complete the below registration form and return it to me at your earliest convenience.**

# REGISTRATION FORM



[Date]		
<b>DELEGATE INFORMATION</b>		
Title:	First Name:	Last Name:
Address:		
Post Code:	Home phone no.:	Mobile phone no.:
Email:		
Job Title:	Organisation:	
Dietary Req:	Access Req:	
<b>INVOICE INFORMATION</b>		
(Please provide Purchase Order numbers if this is a requirement for invoicing)		
Is the delegate Self-Funding?	<input type="radio"/> Yes <input type="radio"/> No	<b>If Yes the details entered above will be used for invoice purposes</b>
Organisation:		
Address:		
Post Code:	Phone no.:	
Email:	Contact Name:	
Purchase Order Number:		
<b>Payment terms are 30 days unless otherwise stated. All funds must be cleared prior to the training date</b>		
<b>TERMS AND CONDITIONS</b>		
<b>DATA PROTECTION</b> We may use your details to send you information about our further conferences and training. If you would prefer not to receive this information, please indicate accordingly	<input checked="" type="radio"/> Yes <input type="radio"/> No	
<b>CANCELLATIONS</b> Confirmed in writing 4 weeks prior to the training date will be refunded, we regret that no refund can be made after this time, although substitutions can be made at any time. No refunds can be offered as a result of events arising out of our control.		
<b>AMENDMENTS</b> We reserve the right to alter the advertised programme, venue, dates or times without notice due to unforeseen circumstances.		
<b>PAYMENT INFORMATION</b>		
Please return printed Registration Forms and Cheques (made payable to Inspire Me Events Ltd) to: Inspire Me Events Ltd, 50 Warkton Lane, Barton Seagrave, Kettering, Northants, NN15 5AA. Alternatively please email completed Registration Forms through to <a href="mailto:info@inspire-me-events.co.uk">info@inspire-me-events.co.uk</a> If you wish to pay by bank transfer/card please refer to the invoice which will be emailed to you upon receipt of your Registration form.		