



# **Attachment Lead in School Training**

## **Understanding how to support adopted, fostered and vulnerable pupils to settle and learn**

### **Presented by Louise Bomber**

This seven day, modular training course was developed in response to the demand for an intensive course that helps school staff to become attachment lead for their vulnerable pupils, enabling them to remain in their schools. By facilitating alternative support systems these pupils can settle to learn and make the most of educative opportunities. This course is based on the latest findings around interventions to support those affected by developmental trauma, loss and insecurity of attachment. The course will complement the book 'Settling Troubled Pupils to Learn: Why Relationships Matter in School', co-authored by Louise Bomber and Dan Hughes. The course will enable staff to identify and access the need to alternative, additional support in school and to set up integrative support plans for individual pupils over two to three years.

Aimed at both educational support staff (TAs/ Mentors) and their Senior Managers (INCOs, SENCOs, Assistant Heads) who are determined to be genuinely inclusive to pupils in their schools who are in need, at risk, in care and adopted.

#### **Entry requirements**

- Ideally two members of staff chosen from the same school, if possible a senior manager and a member of support staff
- A commitment of seven days release from school duties to attend between 09.30 and 15.30
- A live case from each school to be reflected upon throughout the duration of the course
- A commitment to undertake background reading and to carry out follow up work inbetween sessions
- A commitment to deliver an INSET day to their own staff after completion of the course
- Participation in a support network with other participants, once the training course is complete

## **Course Content and Structure**

### **Friday 13 November 2015 - Identification of those needing attachment support programs**

The impact of developmental trauma and loss, the trauma tree, insecure attachment, intersubjectivity, the brain and vagal tone, developmental vulnerability, behaviour as communication, the attachment support pyramid for schools, preventative work, adaption & recovery.

### **Friday 11 December 2015 - Assessments of those needing attachment support programs**

Reflective practice, fact files, observations, checklists, different attachment styles, emotional & social age, the attachment framework for assessment, working together with home and outside agencies, reflecting upon the current systems in place in school, honouring difference and diversity

### **Friday 15 January 2016 - Formulation of attachment support programs**

Creating an individual development plan, facilitating a secure base, setting up protected space and time, sensory breaks, differentiating emotional & social tasks & expectations, the allocation of an appropriate key adult, identifying the team around the child, secondary stress management and support, engaging in preventative work

### **Friday 12 February 2016 - The power of relationship and the development of permanency and constancy plus work discussion group**

Relational interventions using PACE, practicing relative dependency, reflective function, emotional regulation, holding a pupil in mind, complimentary intention, holding onto success, co-modelling, co-regulation, commentaries, wondering aloud, advocacy

### **Friday 11 March 2016 - Transitions and Home/School Partnership plus work discussion group**

Meet and greet, preparation, overwhelm, disappointment rituals, holding on, being sensory detectives, tight team work, constancy, creating pauses, memory building

### **Friday 15 April 2016 - Lowering the effects of toxic shame plus work discussion group**

The difference between guilt and shame, the build-up of shame, the presentation of toxic shame, enabling clear thinking, use of parts language, safe spaces, exit plans, the mismatch of motives/intentions, the respect plan, identifying discipline or attachment needs?

### **Friday 29 April 2016 – Evaluation and support day**

Course participants are encouraged to enter into a lively, thorough discussion and debate exploring attachment principles and practice, refining their knowledge and understanding, consolidating their learning into action within their individual school contexts. Case studies will be examined. Increasing care giving capacity for the long term. Whole school policies will be considered. Looking to the future..... Keeping the momentum going!

**09.30 – 15.30**

**Adoptionplus, Moulsoe Business Centre, Moulsoe, Milton Keynes MK16 0FJ**

**£995 + vat per person**

**Includes lunch and refreshments**

**For further information or to book please contact:**

**Alice Hollingdale on 01908 218251 or email [alice.hollingdale@adoptionplus.co.uk](mailto:alice.hollingdale@adoptionplus.co.uk)**

**[www.adoptionplus.co.uk](http://www.adoptionplus.co.uk)**